

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			February 1 st	February 2 nd	February 3 rd	February 4 th
			9:30-11am Beginner Pole - Jordan	9:30-11am Pole Spin- Cat 6-7:30pm Power Pole – Jaime 7:30–9pm Pole Groove - Katy 7:30 – 9pm Beg. Aerial Tissue - Leigh	9:30-11am Pole Conditioning – Cat 5:30- 8pm Open Pole 6-7:30pm Hoop - Leigh	9-10am Sexy Bootcamp - Jaime 10-11:30am Beg/Int – Cat 11:30-12:30pm Stretch & Flex - Jane 12-3pm -Performance Training
February 5 th	February 6 th	February 7 th	February 8 th	February 9 th	February 10 th	February 11 th
11-1pm -Performance Training	9:30 – 11am Pole Conditioning - Jordan 5:30-7pm Beg Pole-Cat 6 – 7pm Pilates-Jaime* 7:15-8:30pm Adv. Pole Camp-Cat	9:30-10:30am Mat Pilates– Jaime* 10:30-11:30am Pole Camp – Cat 5:30-7pm Interm. Pole- Cat 7-8:30pm Intro/Basic Beg. Pole – Jaime 7 – 8:30pm Open Tissue (No Instructor)	9:30-11am Beginner Pole - Jordan	9:30-11am Pole Spin- Cat 6-7:30pm Power Pole – Jaime 7:30–9pm Pole Groove - Katy 7:30 – 9pm Beg. Aerial Tissue - Leigh	9:30-11am Pole Conditioning – Cat 5:30- 8pm Open Pole 6-7:30pm Hoop - Leigh	9-10am Sexy Bootcamp - Jaime 10-11:30am Beg/Int – Cat 11:30-12:30pm Stretch & Flex - Jane 12-3pm -Performance Training
February 12 th	February 13 th	February 14 th	February 15 th	February 16 th	February 17 th	February 18 th
11-1pm -Performance Training	9:30 – 11am Pole Conditioning - Jordan 5:30-7pm Beg Pole-Cat 6 – 7pm Pilates-Jaime* 7:15-8:30pm Adv. Pole Camp-Cat	CLOSED HAPPY VALENTINE'S DAY	9:30-11am Beginner Pole – Jordan	9:30-11am Pole Spin- Cat 6-7:30pm Power Pole – Jaime 7:30–9pm Pole Groove - Katy 7:30 – 9pm Beg. Aerial Tissue - Leigh	9:30-11am Pole Conditioning – Cat 5:30- 8pm Open Pole 6-7:30pm Hoop - Leigh	9-10am Sexy Bootcamp - Jaime 10-11:30am Beg/Int – Cat 11:30-12:30pm Stretch & Flex - Jane 12-3pm -Performance Training
February 19 th	February 20 th	February 21 st	February 22 nd	February 23 rd	February 24 th	February 25 th
11-1pm -Performance Training	9:30 – 11am Pole Conditioning - Jordan 5:30-7pm Beg Pole-Cat 6 – 7pm Pilates-Jaime* 7:15-8:30pm Adv. Pole Camp-Cat	9:30-10:30am Mat Pilates– Jaime* 10:30-11:30am Pole Camp – Cat 5:30-7pm Interm. Pole- Cat 7-8:30pm Intro/Basic Beg. Pole – Jaime 7 – 8:30pm Open Tissue (No Instructor)	9:30-11am Beginner Pole - Jordan	9:30-11am Pole Spin- Cat 6-7:30pm Power Pole – Jaime 7:30–9pm Pole Groove - Katy 7:30 – 9pm Beg. Aerial Tissue - Leigh	9:30-11am Pole Conditioning – Cat 5:30- 8pm Open Pole 6-7:30pm Hoop - Leigh	9-10am Sexy Bootcamp - Jaime 10-11:30am Beg/Int – Cat 11:30-12:30pm Stretch & Flex - Jane 12-3pm -Performance Training
February 26 th	February 27 th	February 28 th	February 29 th			
11-1pm -Performance Training	9:30 – 11am Pole Conditioning - Jordan 5:30-7pm Beg Pole-Cat 6 – 7pm Pilates-Jaime* 7:15-8:30pm Adv. Pole Camp-Cat	9:30-10:30am Mat Pilates– Jaime* 10:30-11:30am Pole Camp – Cat 5:30-7pm Interm. Pole- Cat 7-8:30pm Intro/Basic Beg. Pole – Jaime 7 – 8:30pm Open Tissue (No Instructor)	9:30-11am Beginner Pole - Jordan			

CLASSES IN RED = RESERVATION REQUIRED / PERFORMANCE TRAINING = Must be enrolled in Performance Academy to attend / * = limited space